



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 244-2000 ■ Fax: (631) 218-7480

FEB 17 2005

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

February 10, 2005

Dear Sir or Madam:

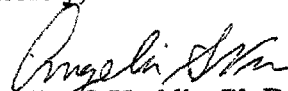
This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Extreme Shredder supplements under the Worldwide Sports Nutrition label:

Ingredients: Vitamin C, Vitamin B-6, Pantothenic Acid, Magnesium, Yerba Mate Extract, Green Tea Extract, Metabromine Cocoa Extract, Bitter Orange Extract, Caffeine, L-Tyrosine, Acetyl L-Tyrosine, L-Methionine, Ginger Extract, 3,3', 5-7 Pentahydroxyflavone, DMAE, Grape Seed Extract

- Promotes weight loss goals.
- Enhances diet.
- Provides energy.
- Thermogenesis is the increase in metabolism that promotes body heat.
- Our exclusive Shredder Thermo Complex contains some of the most advanced ingredients for promoting your weight loss goals including: Yerba Mate, Cocoa, Synephrine and Green Tea – four ingredients that have thermogenic properties to naturally boost your metabolism, help burn calories and give you the energy you need to help support your weight loss goals.
- Use in conjunction with a reduced-calorie diet and daily exercise program.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,


Angelica S. Vrablic, Ph.D.
Manager, Nutrition Research

ASV/mb

978 0102

LET

15649